

Plan Contact Information

PLAN	CONTACT	PHONE NUMBER	WEB SITE
All plans	Your Benefits Resources	1-877-BMC-4849	www.yourbenefitsresources.com/bmc
Medical Insurance — Aetna Plans	Aetna	1-866-214-4839	www.aetna.com
Prescription Drug Coverage for Aetna Medical Plans	Express Scripts/Medco	1-866-577-2523	www.medco.com Prescription Drug Cost-Estimator Tool: www.medco.com/bmcsoftware
Medical Insurance & Prescription Drug Coverage – Kaiser Plan	Kaiser Permanente	1-800-464-4000	www.kp.org
Dental	Aetna	1-866-214-4839	www.aetna.com
Vision	VSP	1-800-877-7195	www.vsp.com
Flexible Spending Accounts & Health Savings Account	Your Spending Account	1-877-BMC-4849	www.yourbenefitsresources.com/bmc Select Your Spending Account .
Employee Assistance Program	Aetna	1-800-955-6422	www.mylifevalues.com Username: BMC, Password: EAP
Global Emergency Travel Services	Assist America	1-800-872-1414 (within USA) 1-609-986-1234 (outside USA) Email at: medservices@assistamerica.com	www.assistamerica.com Reference Number: 01-AA-ACN-06048
401(k) Plan & Employee Stock Purchase Plan	Fidelity	1-866-546-4424	www.netbenefits.com
Short-term & Long-term Disability & FMLA reporting	Liberty Mutual	1-888-408-7300	www.mylibertyclaim.com Claimant ID: BMC2008
Group Prepaid Legal Assistance	Hyatt Legal Plans	1-800-821-6400	www.legalplans.com
Group Auto/Homeowner's/Property Insurance	MetLife	1-800-GET-MET-8	www.metlife.com/mybenefits
Pet Health Insurance	MetLife	1-800-GET-MET-8	www.metlife.com/mybenefits (follow the pet insurance link)
Participant Advocacy — (Help with medical, dental, vision or FSA claims)	Your Benefits Resources	1-877-BMC-4849	www.yourbenefitsresources.com/bmc
Wellness Program	Healthways	1-866-336-8226	mybmcwellness.com